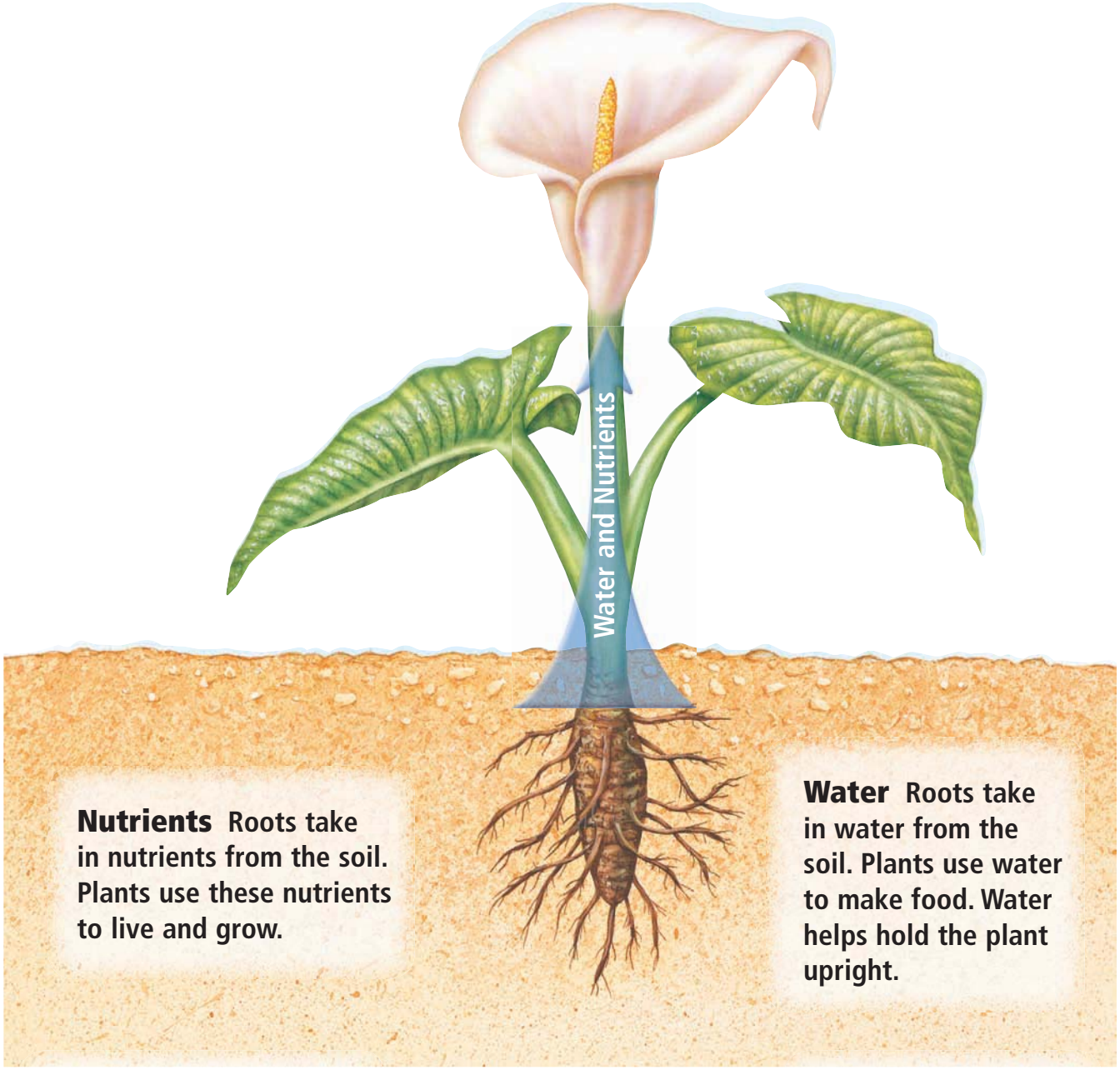


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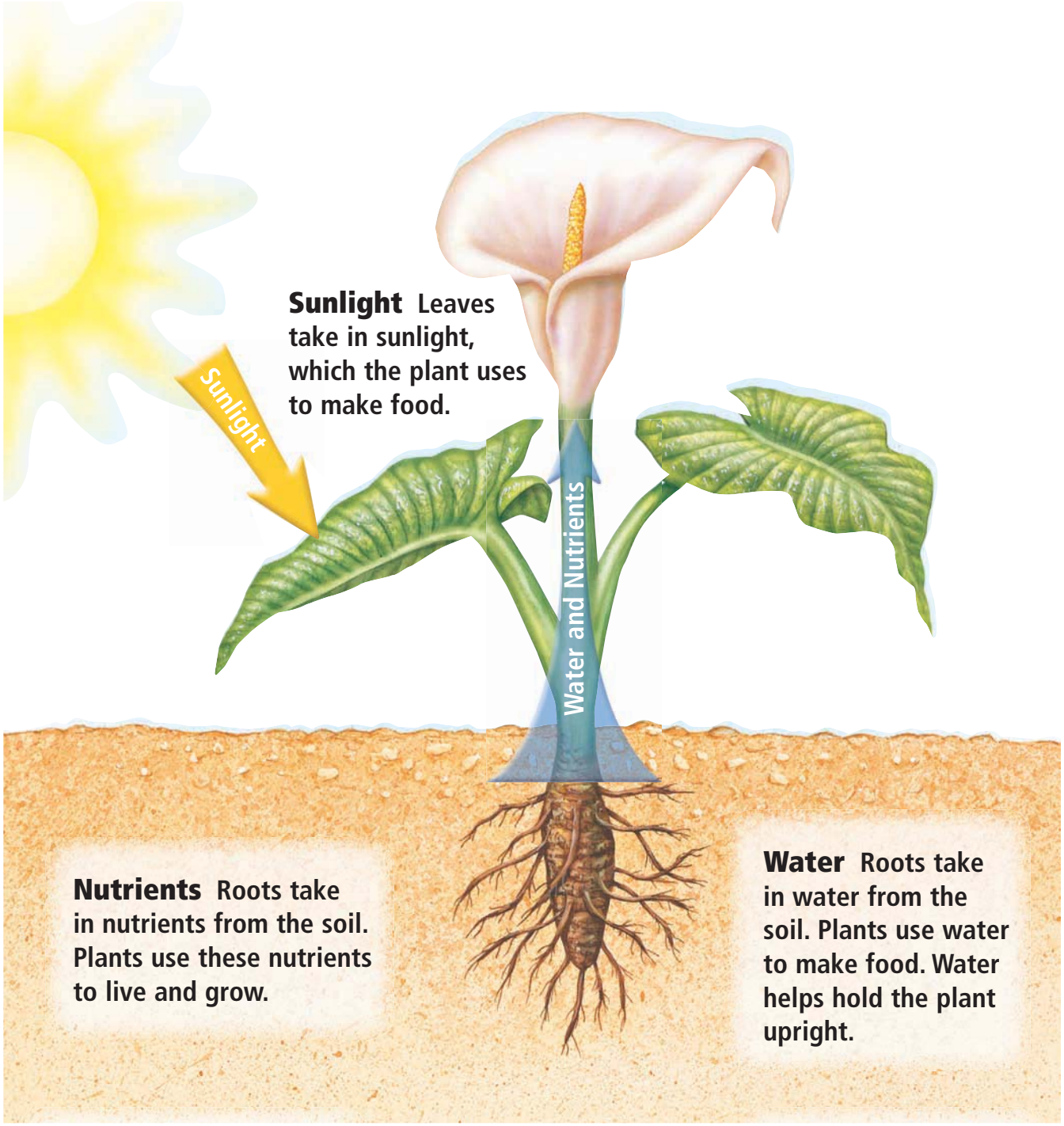


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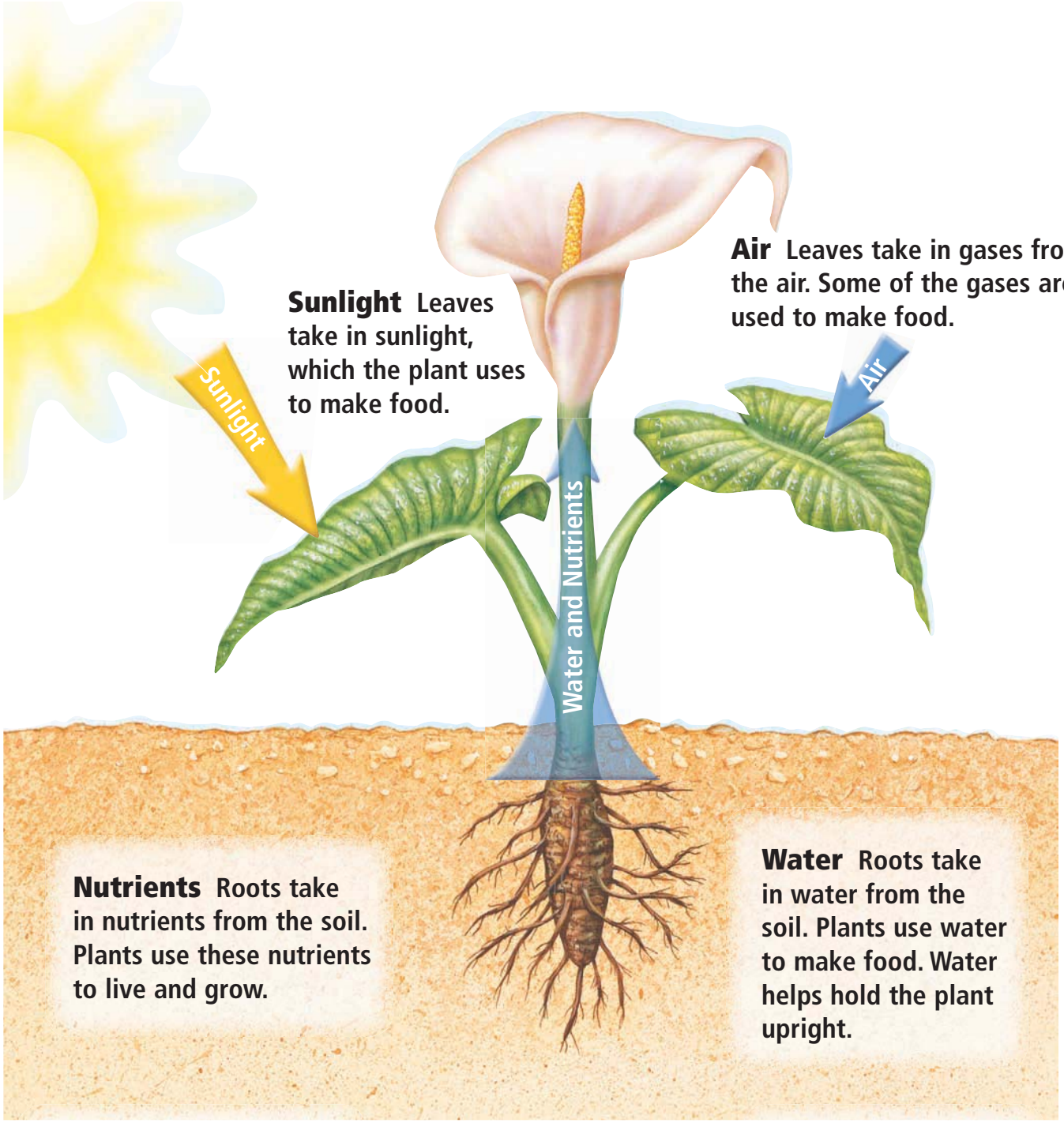


**Sunlight** Leaves take in sunlight, which the plant uses to make food.

**Air** Leaves take in gases from the air. Some of the gases are used to make food.

**Nutrients** Roots take in nutrients from the soil. Plants use these nutrients to live and grow.

**Water** Roots take in water from the soil. Plants use water to make food. Water helps hold the plant upright.

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