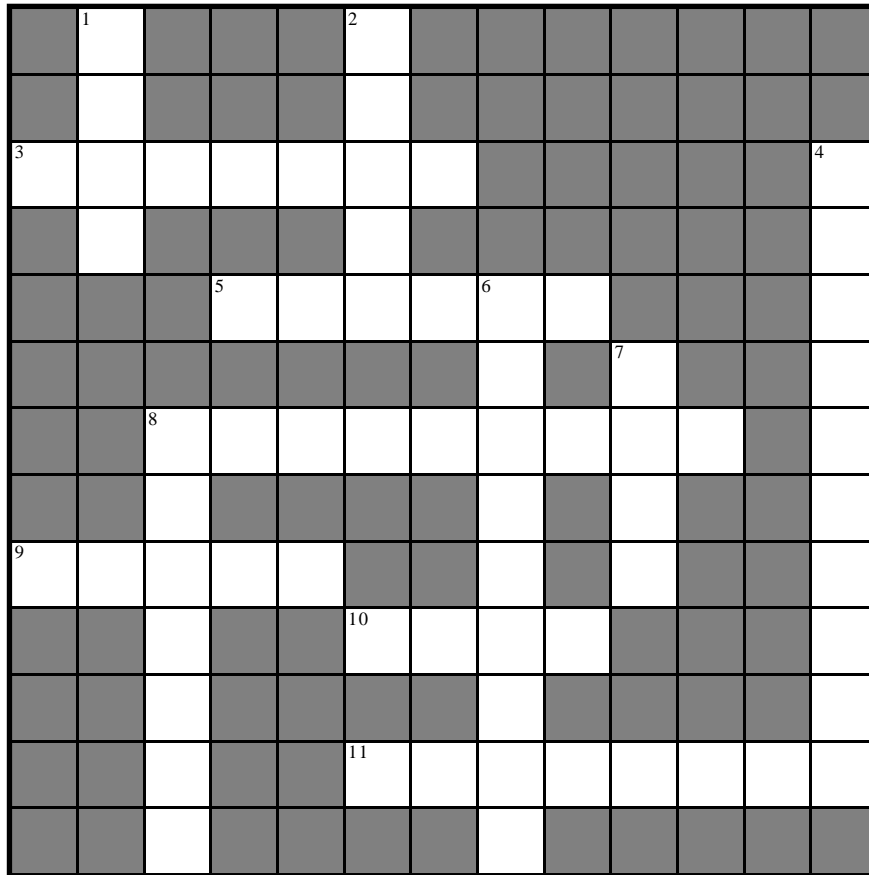


Name _____ Date _____

Nutrition

Directions: Complete the crossword by filling in a word that fits each clue.



Across

3. a white metallic element found in milk and bone
5. taking food into the body
8. the process of being nourished
9. about 453.6 grams
10. a person's habit of eating
11. compounds necessary to good health, found in plants and animals

Down

1. about 1/28 of an ounce in the metric system
2. ripened part of a flowering plant that contains seeds
4. plant roots, leaves, stems, and flowers eaten as food
6. healthy ingredients in foods
7. something eaten to maintain life
8. to provide a person with food