

Name \_\_\_\_\_ Date \_\_\_\_\_

**Letter to Family**

Dear Family,

I would like you and your child to look at the clock when you begin eating dinner. For this one night, try to begin eating dinner on an hour or half-hour or as close to an hour or half-hour as possible, for example, 6:00 P.M., 6:30 P.M., etc. On a piece of paper write down the time you began to eat dinner to the nearest hour or half-hour. For example, if you began eating dinner at 6:20 P.M. you would write down 6:30. Have your child bring the piece of paper with the dinnertime written on it to school.

In school I will collect the slips of paper and we will make a chart that shows the dinnertimes of the children in our class.

Your child needs to bring this to school by \_\_\_\_\_.  
(date)

Thank you for your help.

Sincerely,